



## October 2011

### Unleashed: Walking with a Confident Heart

During Unleashed, we have been presented with several opportunities to reach outside the church walls and our homes to help others. We have also been challenged to remember our personal testimony and find ways to share the gospel with unbelievers. Among the genders, women are commonly known to be the more empathetic or compassionate people, even nurturing because of their ability to birth children and nurse. When faced with an opportunity to reach out and help someone, our hearts are moved quickly.

1. **What are some of the main things that keep us from following through on that compassion?**
2. **Take time to discuss these key hindrances:**
  - Fear of others
  - Fear of rejection
  - Doubt that you heard the Lord correctly
  - Insecurity on how to meet others needs
3. **Do you ever feel like you are the only one that ever struggles with insecurity, doubt or fear?**
4. **Describe how it makes you feel when doubt whispers:**
  - "I can't do this."
  - "Things will never change."
  - "How can anything I do change their life?"
  - "This is too hard."

As a child of God, we don't need to listen to these condemning thoughts! It is time to **take captive our thoughts to the obedience of Christ (2 Cor. 10:5)** and move forward when the Holy Spirit speaks to us, even if the outcome is not what we thought it would be.

"You're just a fool, just a fool to believe you can change the world"

**Don't listen to them when they say**

"You're just a fool, just a fool to believe you can change the world"

**Oh, the smallest thing can make all the difference**

**Love is alive, don't listen to them when they say**

"You're just a fool, just a fool to believe you can change the world"

~Carrie Underwood, from the song *Change*

The Lord isn't asking you to change the entire world alone at that moment. He may only be asking you to change the circumstances for one person or one instance. That is much easier to think about, and easier to walk toward in obedience! Don't listen to the enemy whisper, "You're just a fool." Don't let the enemy rob you of an encounter that the Lord may have chosen just for you. Ask the Lord for His strength to carry out the tasks He brings you.

***I can do all things through Christ who strengthens me (Phil. 4:13).***

***So do not throw away your confidence; it will be richly rewarded. You need to persevere so that when you have done the will of God, you will receive what He has promised (Hebrews 10:35-36).***